



YOUR BRAIN ON AA: Companion and Guide

By Anonymous Anonymous

Lulu.com, United Kingdom, 2014. Pamphlet. Book Condition: New. 274 x 211 mm. Language: English . Brand New Book ***** Print on Demand *****.This Companion and Guide is the result of requests to provide a simplified overview of the contents found in Your Brain on AA (YBOAA). Hence, I have used flow charts highlighting the key issues regarding each of the twelve step discussions found in YBOAA to do this. In addition, I personally wanted to provide some important new information that would compliment the contents of YBOAA so I used this opportunity to include that material as well. My motivation in writing YBOAA was not to provide a somewhat interesting little book containing some little known tidbits about human beings and their brains. My motivation was based on my hope that this information, when understood in all of its ramifications, will offer the reader a new way of thinking about what is going on as he or she is involved with working and practicing the steps, going to meetings, participating in the fellowship, and engaging in sponsorship, both as a sponsor and a sponsee.



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